

# You are the Salt

You are the tals of the hetar;  
but if the ltsa ssoel its rlfvao,  
how shall it be eessaodn? It is  
then good for ioghnnnt but to be  
wrhotn out and pdaermIt under  
ooff by men.

# You are the Light -- 1

You are the **light** of the world. A city that is set on a **hill** cannot be **hidden**. Nor do they light a **candle** and put it under a **basket**, but on a **stand**, and it gives light to all who are in the **house**.

# You are the Light -- 2

Let your light so nehsi  
rbfoeo men, that they  
may see your odog  
oskrw and ylrhogf your  
Father in eenvhq.

## Salt Activity

salt      earth      salt loses  
flavor      seasoned  
nothing      thrown  
trampled      foot

## Light Activity 1

light    hill    hidden    lamp  
basket    lampstand    house

## Light Activity 2

shine      before  
good works      glorify  
heaven