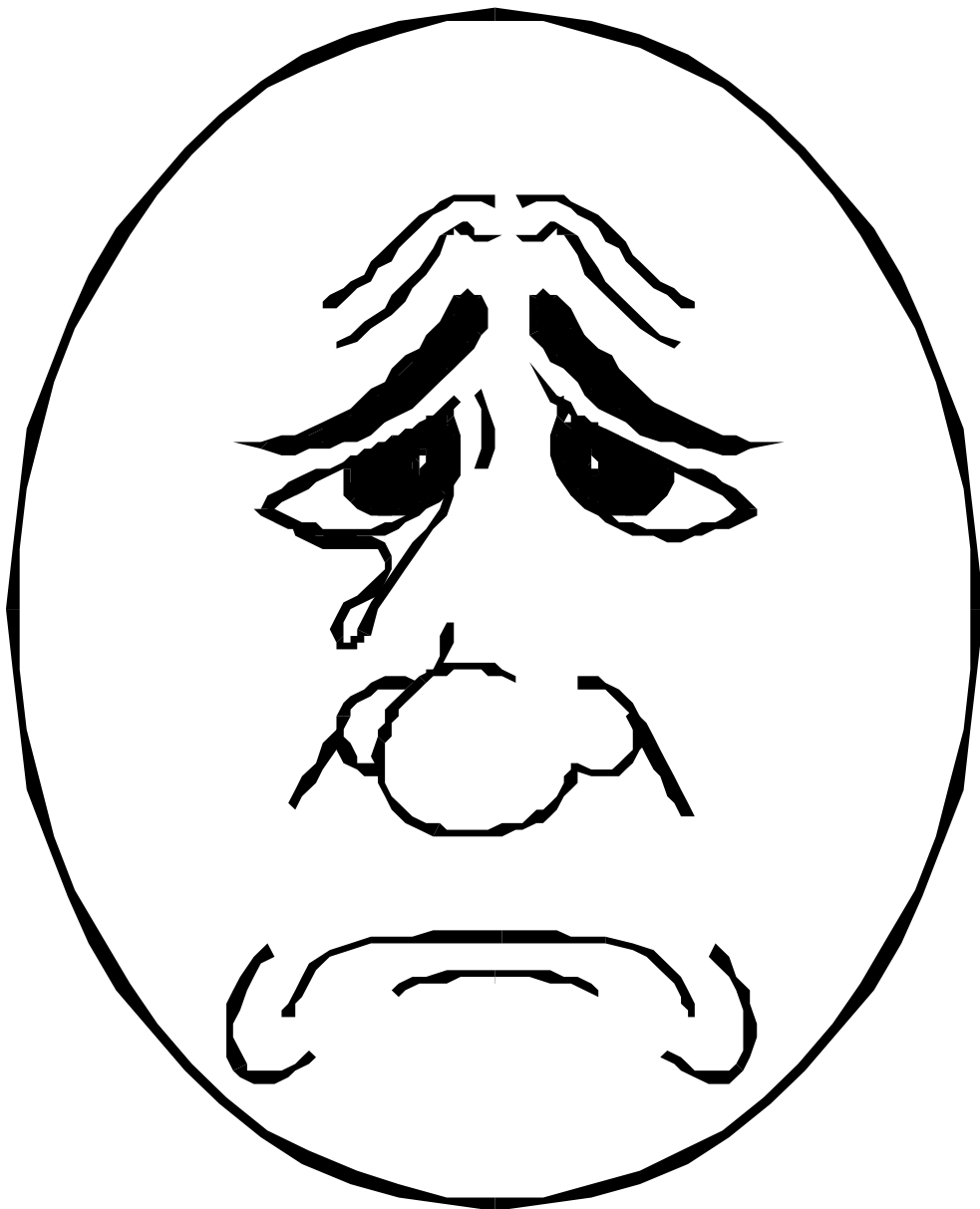


# Fasting

Matthew 6:16-18

Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward.

But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.



# Matthew 6:16

A cartoon illustration of a brown, rectangular character with a sad face, slumped against a blue background with red rain streaks. The character has a simple, elongated body, a small black tuft of hair on top, and a face with closed, downward-curving eyes and a single curved line for a mouth. It is positioned diagonally, leaning against a blue rectangular area that represents a window or a wall. Several vertical red lines of varying lengths are scattered across the blue background, indicating rain. The entire scene is rendered in a simple, bold, hand-drawn style.[illegible]

## Matthew 6:17-18

A close-up photograph of a man's hands being washed under running water from a chrome faucet in a white sink. The man's hands are cupped together, and water is splashing. In the background, on the dark countertop, there is a shaving brush in a holder, a safety razor, and a round soap dish. A bar of white soap is visible on the left edge of the sink.

But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

This image shows a single sheet of white paper with horizontal blue or grey ruling lines, typical of notebook paper. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.